



# **FEMALE GENITAL MUTILATION/ CUTTING (FGM/C)**

**INFORMATION FOR GIRLS AND WOMEN AT  
RISK AND THOSE AFFECTED IN GERMANY**

## CONTENT

What is female genital mutilation/ cutting (FGM/C)? .....	4
Different forms of FGM/C .....	5
Where does FGM/C take place? .....	6
Myths and misconceptions about FGM/C .....	10
What are the effects of FGM/C? .....	12
Deinfibulation .....	14
Reconstruction of the genitals after FGM/C .....	15
Periods .....	16
Sex, relationships and FGM/C .....	17
Pregnancy, childbirth and FGM/C .....	19
Children and FGM/C .....	20
Community, family and FGM/C .....	22
The Letter of Protection against FGM/C.....	23
Legal obligation to report FGM/C .....	24
FGM/C as grounds for asylum .....	25
What to do in case of acute danger?.....	27
Appendix I: Counselling centres .....	28
Appendix II: Medical contacts .....	31

## YOU ARE NOT ALONE!

We are glad that you have found this booklet. It addresses survivors as well as girls and women who are at risk of experiencing female genital mutilation/ cutting (FGM/C). You may perhaps be worried about yourself, your daughter, your mother, your partner or a friend. You are not alone: around 75,000 girls and women living in Germany have undergone FGM/C. Many suffer from the effects for years, experiencing pain and trauma. This makes it all the more important to know that there is counselling and support available in Germany. In this handbook, Plan International Germany provides you with important information about FGM/C and where to get help if you need counselling or medical attention in Germany.

## WHAT IS FEMALE GENITAL MUTILATION/ CUTTING (FGM/C)?

Female genital mutilation/ cutting refers to partial or complete removal of the external female genitalia or other injuries to the female genitalia for non-medical reasons.



FGM/C is an act of violence. It is a violation of the human rights of girls and women: the right to health and physical integrity, the right to self-determination and the right to a life free of violence and discrimination.

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## DIFFERENT FORMS OF FGM/C

The World Health Organisation (WHO) distinguishes FGM/C in four main categories:

**Type 1 Clitoridectomy** – partial or complete removal of the outer part of the clitoris.

**Type 2 Excision** – partial or complete removal of the outer part of the clitoris and the labia minora with or without removal of the labia majora.

**Type 3 Infibulation/pharaonic cutting** – stitching/narrowing of the vaginal opening with or without removal of part or all of the external genitalia.

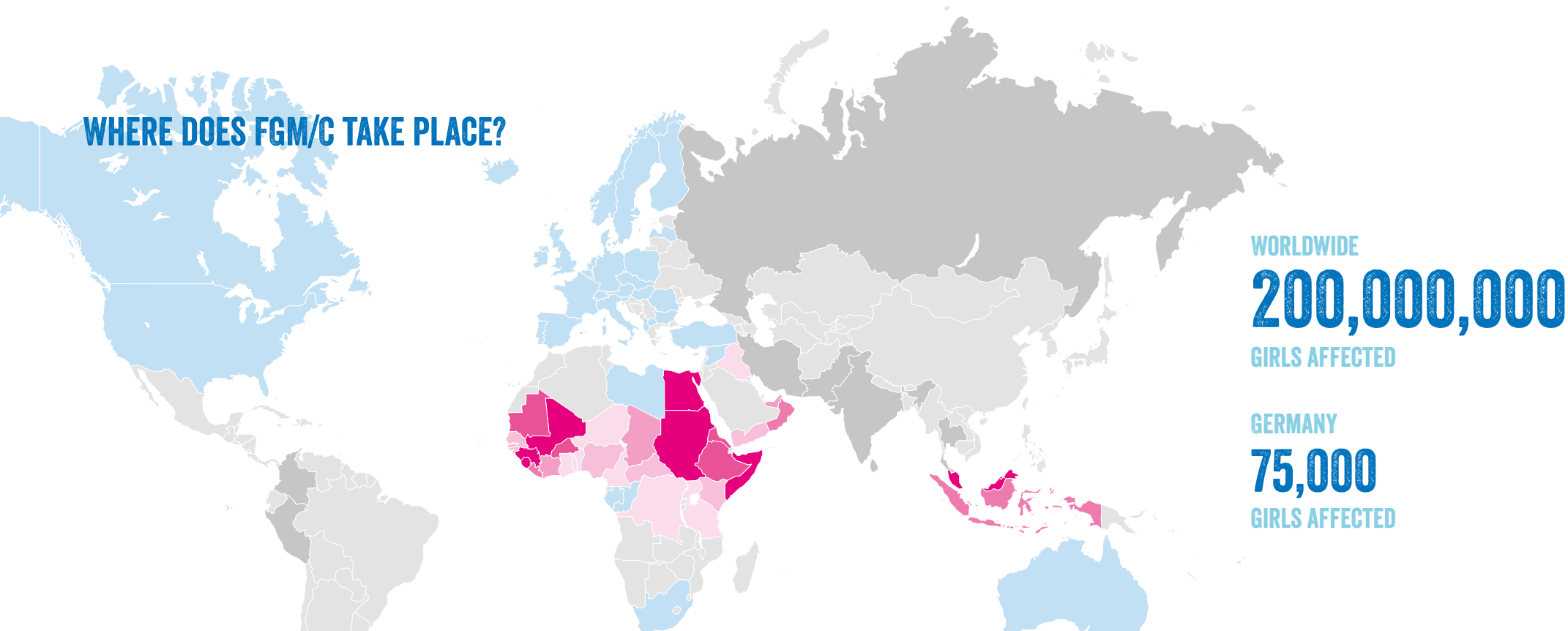
**Type 4 Other forms** – all other harmful procedures on the female genitals, including incising, piercing, cutting, scraping, etching and burning.

The practice of female genital cutting varies due to regional customs or from cutter to cutter. Since girls and women's bodies are each unique in their own way, there may be differences in methods and scope of cutting.



Not every type of FGM/C can be conclusively assigned to the described categories.

## WHERE DOES FGM/C TAKE PLACE?



WORLDWIDE

**200,000,000**

GIRLS AFFECTED

GERMANY

**75,000**

GIRLS AFFECTED

## WORLDWIDE PREVALENCE

Due to migration, FGM/C is now a worldwide occurrence. About 200 million girls and women in the world have undergone FGM/C. It is estimated that an additional 3 Million girls at risk of undergoing FGM/C every year.

According to estimates in 2020<sup>1</sup>, about 75,000 girls and women in Germany have undergone FGM/C. Up to 20,000 more girls and women in Germany are at risk of undergoing FGM/C.



In some of the countries mentioned, FGM/C is practised by only a small percentage of the population, while in other countries the vast majority of women are affected. Just because a girl or woman is from one of these countries, it does not mean that she has undergone or will undergo FGM/C.

- 0–15%** Democratic Republic of Congo, Benin, Ghana, Iraq, Cameroon, Niger, Tanzania, Togo, Uganda
- 16–30%** Gambia, Guinea Bissau, Yemen, Kenya, Senegal, Central African Republic
- 31–45%** Ivory Coast, Chad, United Arab Emirates
- 46–60%** Indonesia, Liberia, Oman
- 61–85%** Ethiopia, Burkina Faso, Eritrea, Mauritania
- 86–100%** Egypt, Guinea, Malaysia, Mali, Sierra Leone, Somalia, Sudan
- Countries where there are no reliable studies:  
India, Iran, Colombia, Pakistan, Peru, Russia, Sri Lanka, Thailand
- Countries with reported cases among migrant populations

1) Terre des Femmes - Unreported statistics on female genital mutilation in Germany 2020

Sources: FORWARD (Foundation for Women's Health Research and Development), Stratégies concertées de MGF

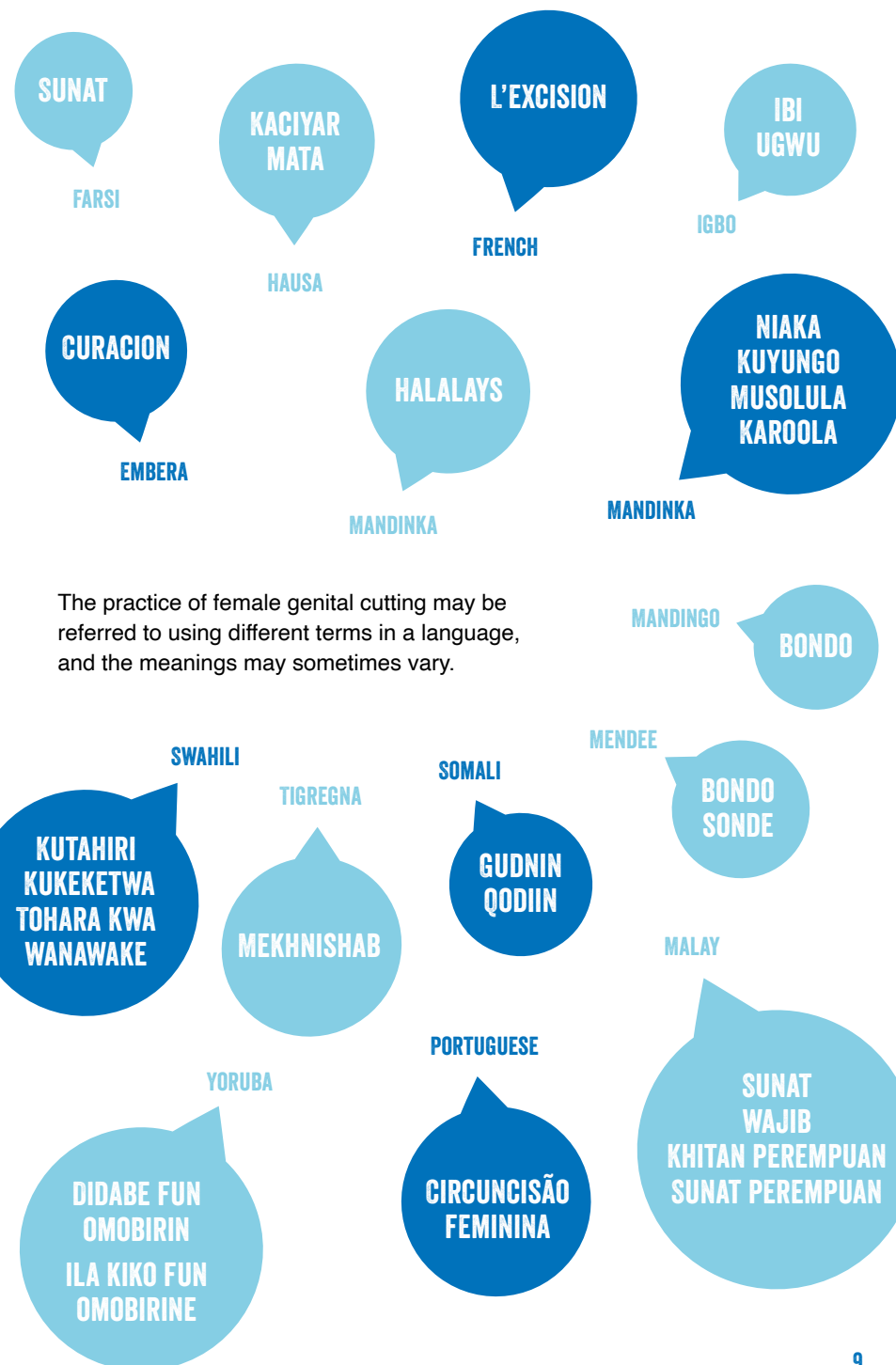
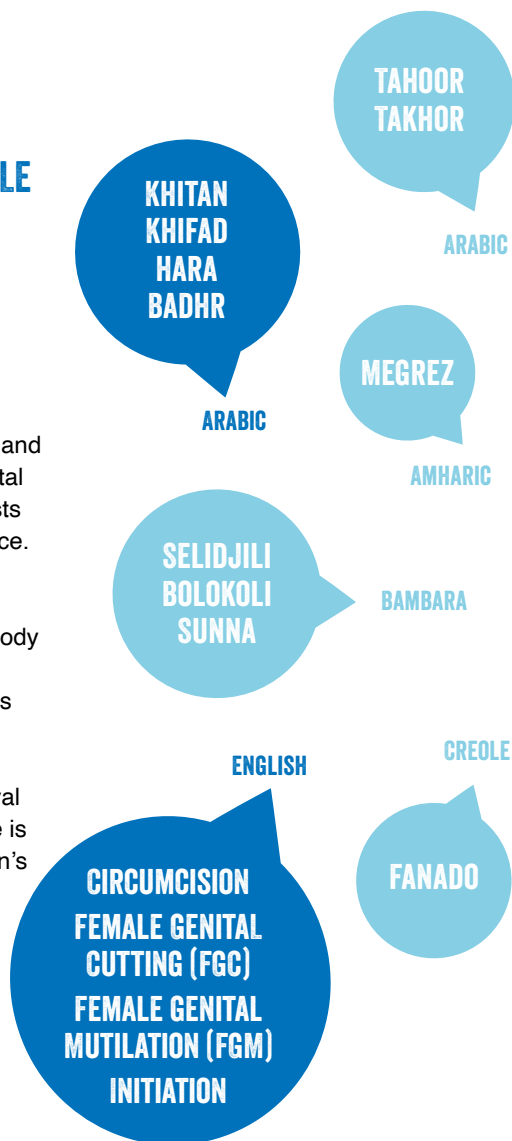


## SHOULD WE SAY FEMALE GENITAL CUTTING OR FEMALE GENITAL MUTILATION?

Several terms are used for female genital cutting (FGM/C), including Female genital mutilation, initiation and circumcision. The term female genital mutilation was introduced by activists calling for the abolition of the practice. This term is meant to highlight the gravity of the practice as a human rights violation and for the female body as well as prevent comparison with male circumcision. Female cutting is often mistakenly equated with male circumcision. However, from an anatomical point of view, the removal of the outer part of the clitoris alone is comparable to the removal of a man's entire penis.

Many of those affected do not feel comfortable with the term female genital mutilation. For some, this term can cause re-traumatisation or stigmatisation.

If you do not feel comfortable using the term female genital mutilation during your **consultation** or treatment. **Please inform your social advisor or medical practitioner which term you are comfortable with.**



The practice of female genital cutting may be referred to using different terms in a language, and the meanings may sometimes vary.

## MYTHS AND MISCONCEPTIONS ABOUT FGM/C

### MYTH 1

FGM/C is a religious obligation.

### FACT

FGM/C is not prescribed by any world religion. This practice is older than the Bible and the Koran. Numerous leading religious leaders have spoken out against FGM/C because it is not a religious obligation. You can continue to be part of your faith community even if you reject this harmful practice.

### MYTH 2

Only a woman who has been cut is a real woman.

### FACT

For many communities, FGM/C represents entry into adulthood. Some communities consider this rite of passage necessary to prepare their daughters for life as a woman. However, no girl and no woman has to go through the pain and trauma of genital cutting in order to be a complete and fully fledged woman.

### MYTH 3

FGM/C helps with female hygiene, because it helps women to stay clean.

### FACT

Vaginal fluid is produced by the body to keep the vagina clean. FGM/C can prevent the formation of this secretion and thus cause infections.

### MYTH 4

FGM/C is part of culture and cannot be changed.

### FACT

Cultures are determined by the customs and social behaviour of a people or society and they change over time. FGM/C is not a part of culture, but rather a dangerous tradition. It is a human rights violation and we are all responsible for ending it.

### MYTH 5

FGM/C is OK if you just cut a little or if it is carried out by medical staff.

### FACT

Any form of FGM/C is harmful, has no benefits and is violation of the physical integrity of girls and women.



FGM/C is carried out for various cultural, religious and social reasons on the basis of the misconception that it is somehow beneficial to girls and women. For example as preparation for marriage. However, there are no valid reasons that justify the practice.

## WHAT ARE THE EFFECTS OF FGM/C?

### PHYSICAL HEALTH EFFECTS

In most cases, FGM/C usually has a negative impact on health. Some women may experience no health problems after genital cutting. This could be related to the type of cutting. Some of the possible physical consequences are:

#### SHORT-TERM HEALTHS EFFECTS

Severe pain, heavy bleeding, shock and sepsis infections that could lead to death. There is also a risk of transmission of infections like HIV.

#### LONG-TERM HEALTHS EFFECTS

- » Pain and difficulty having sex
- » Persistent urinary tract infections and incontinence
- » Difficulties with passing urine
- » Kidney damage
- » Chronic vaginal and pelvic floor infections
- » Survivors of infibulation may experience congestion of menstrual blood leading to infections
- » Irregular periods, increased pain and persistent blood flow due to a reduced opening of the vagina in the case of infibulation
- » Complications during pregnancy, prolonged childbirth, and an increased risk of death for mother and child.

! If you are experiencing any of the mentioned **health conditions**, please contact a doctor in your area. In Appendix 2 of this handbook, you will find a list of specialists who are experts in this field. If you do not know where to get help, contact a counselling centre in your area. You will be assisted to find a specialist.

ANGER &  
SELF-HARM

SHAME &  
FEELINGS OF  
GUILT

### PSYCHOLOGICAL EFFECTS

FGM/C can also have a series of psychological consequences.

DEPRESSION

NIGHT-  
MARES

SUDDEN  
FLASHBACKS OF  
TRAUMATIC  
EXPERIENCES

POST-TRAUMATIC  
STRESS DISORDER

PANIC ATTACKS  
& ANXIETY

! Are you experiencing **one or more of these symptoms**, please contact a counselling centre in your area. It is certainly not easy to talk about such feelings and problems. The counselling centre will help you to find an experienced therapist, that you can talk to, so that you are not alone with your feelings and fears.



## DEINFIBULATION

Deinfibulation is a surgical procedure to open the vagina if it is closed due to Type III FGM/C. Women can opt for deinfibulation at any point in their lives. For some women, certain life events may influence this decision such as marriage or pregnancy. It is a woman's personal choice to decide whether to undergo deinfibulation or not. This should be a well informed and conscious decision.

Some women find deinfibulation very liberating, for others may cause flashbacks of their cutting experience.

### IMPORTANT:

#### **Your body belongs to you!**

Only you can determine what happens to your body. The decision on whether to have a deinfibulation lies with you.

If you decide to have deinfibulation, your doctor will discuss the treatment with you before the procedure. If you have language challenges, you can take a trusted interpreter with you to the consultation. You have the right to obtain information and understand the explanations of the medical professional. Please express any worries or concerns you have.

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## RECONSTRUCTION OF THE GENITALIA AFTER FGM/C

Restoration of the clitoris and labia is possible with the help of surgical reconstruction. For FGM/C survivors, this is a chance to experience a day to day life free of pain, and also painless and pleasurable sex. There is however, no one hundred percent guarantee on the results of the operation. The operation can only be performed in a hospital which specialises in the reconstruction of female genitalia, such as the Luisenhospital in Aachen. The costs of surgical treatment of effects of FGM/C can be covered by health insurances in Germany if the patient is registered in Germany and has health insurance.

### Thinking about reconstruction?

Only you can decide whether you want to have this kind of operation or not. Talk to your gynaecologist about this and let the clinic that would perform the reconstruction advise you in detail about the treatment options. Please ask all questions you have about the operation. If you have language challenges, you should take a trusted interpreter with you to the consultation. If you do not know an interpreter, please contact a counselling centre for assistance.



**You will find a list of counselling centres, in the appendix on page 28 of this brochure.**





## PERIODS AND FGM/C

Women and girls who have gone through FGM/C especially those affected by Type III mutilation (infibulation) or similar forms can experience extreme pain during their menstrual period. If the blood has no way to drain through the narrowed vaginal opening, acute pain may occur. In addition, the menstrual period accumulates in the uterus, which can lead to infections of the uterus and surrounding organs.



If you are experiencing health issues during your period due to FGM/C, please consult a gynaecologist you trust. If you do not have one, contact a specialist counselling centre, they will direct you to an experienced doctor, who will advise on the treatment options and assist you.

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## SEX, RELATIONSHIPS AND FGM/C

Every woman experiences sex after FGM/C differently. Some survivors have positive experience with sex. Others may have no desire (low libido), or experience may sex as very painful. Negative experiences with sex can have physical and/or psychological causes. In order for sex to be enjoyable, a loving and empathetic partnership is particularly important.



Regardless of your experience, it is your right to decide whether you want to have sex or not. If vaginal sex is not possible for you or if you do not want it, it is your right to decline it.

If you have difficulties with sex due to FGM/C, there are treatment options that can help you. For example, if your vagina is too tight, that you experience pain during sex, deinfibulation can help. You will find more information about this treatment in this handbook under the heading Deinfibulation. For some women, sex is difficult because the effects of genital cutting may be emotionally stressful. Doctors can prescribe a variety of psychological therapies in this case. Always remember: it is still possible to have a fulfilling sexual relationship after FGM/C!



## PREGNANCY, CHILD-BIRTH AND FGM/C

If you want to have vaginal delivery, vagina must be able to expand during childbirth. For some women, the scar tissue caused by FGM/C can make this difficult.

A narrowed vaginal opening may lead to complications during childbirth and may be risky for you and your baby's health. Your doctor will advise you in this regard.

For women who have undergone infibulation (narrowing of the vagina), deinfibulation (opening of the vagina) is necessary for vaginal birth, i.e. a doctor, midwife or obstetrician surgically opens the vagina so that the baby can pass through it. You will find more detailed information about deinfibulation on page 14.

After deinfibulation, medical staff in Germany are not permitted to perform re-infibulation after the birth, i.e. the vaginal opening should not be sewn up again.



### **Are you pregnant and affected by FGM/C?**

Then you should inform your gynaecologist, midwife or obstetrician as soon as possible. They can advise you at an early stage and ensure that your delivery is as safe and comfortable as possible. If you do not yet have a medical care, a counselling centre can help you find a suitable health service in your area.



## CHILDREN AND FGM/C

Genital cutting or circumcision of female children is a form of child abuse. FGM/C is prohibited in Germany under criminal law and is punishable with a prison sentence of up to 15 years. Anyone who facilitates or tolerates FGM/C, is also punishable by law<sup>2</sup>. If female circumcision or cutting is performed abroad it is punishable by law if the girl is German citizen or lives in Germany.

It is your parental duty to protect your daughter from FGM/C. You therefore risk criminal prosecution if you do not fulfil this duty. In addition, you may lose parental custody of your daughter and your residence permit for Germany.



Are you being pressured by your family to have your daughter cut? At a **counselling centre** in your area, you can find support to protect your daughter from FGM/C. In the next section you will find information about the Letter of Protection against FGM/C. Carrying this document can help protect your daughter from possible FGM/C when traveling with her to your home country or abroad. It could help you explain that FGM/C is dangerous, illegal in Germany and that you would have to bear legal consequences in Germany if your daughter is cut. If your daughter had already undergone FGM/C before coming to Germany, a counselling centre will provide information about services in your area, because your child may need medical or psychological support.

2) Section 226A of the German Criminal Code: "Anyone who mutilates the external genitalia of a female person is punishable by imprisonment of not less than one year." The maximum sentence is 15 years.







**Are you involved in a conflict situation?** Are you in a situation in which you have to or want to cut off contact with your family, friends or community? Are you feeling sad? Do you feel lonely or isolated? Please contact a counselling centre. There you will get support in processing your feelings and may find a connection to selfhelp groups and activities. Please remember: you are not alone and you are doing the right thing by declining FGM/C.

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## YOUR COMMUNITY, FAMILY AND FRIENDS

FGM/C often starts from within your own family. Mothers, fathers, grandmothers, grandfathers, in-laws, aunts and uncles may demand genital cutting and put a lot of pressure on mothers and fathers of daughters. This can significantly disrupt your relationship with your own family and even with friends, which can be very disturbing and scary.

Perhaps you were forced to undergo genital mutilation by your family or persuaded to do so by your community. As a result, you may feel frightened and betrayed. If you have lost trust in the people close to you, it can be very confusing.

## THE LETTER OF PROTECTION AGAINST FEMALE GENITAL MUTILATION

The Letter of Protection Against Female Genital Mutilation (Schutzbrief – Gegen Weibliche Genitalverstümmelung) issued by the federal government can provide useful support. Above all, it helps to explain to your family back home that FGM/C has serious consequences and is therefore punishable by law in Germany.

**The Letter of Protection is currently available in the following languages:**

Amharic, Arabic, Dari, German, “simple” German, English, Farsi, French, Indonesian, Kurmanji, Mandinka, Portuguese, Urdu, Somali, Sorani, Swahili, Tigrinya.



Please take the **Letter of Protection** with you when you travel to your home country - in a language that is understandable for you and your family. You can request the Letter of Protection from a counselling centre in your area. You can also download it directly from the website of the Federal Ministry for Family Affairs, Senior Citizens, Women and Youth or order a copy there.

**Link to the Letter of Protection:**  
<https://bit.ly/3lq9IL8>



## LEGAL OBLIGATION TO REPORT OF FGM/C

Medical professionals, teachers, pre-school child minders and social workers in Germany have a legal duty to take protective measures if they suspect that a girl in their care risk of FGM/C.

In case of acute danger, they are obliged to inform the police and the child welfare office.

The above mentioned professionals are also legally obliged to inform the police if they believe that a girl has recently undergone FGM/C.

If there is no acute danger, professionals are legally obliged to protect the identity of the child and maintain the confidentiality of all the information that has been communicated to them (legal confidentiality).

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## FGM/C AS GROUNDS FOR ASYLUM

The Istanbul Convention<sup>3</sup> recognizes FGM/C as a form of gender-based persecution. This is the legal basis for girls and women who are at risk of FGM/C in their home countries to apply for protection and asylum in Germany.

It also applies to girls and women who have already undergone FGM/C and are afraid of further cutting. Or those who fear persecution because they have undergone or intend to undergo deinfibulation or reconstruction of their genitals. In addition, girls and women who are already affected by FGM/C are recognised as being particularly vulnerable according to the EU Reception Conditions Directive 2013. They are therefore entitled to special protection and support during asylum process. However, the applicant must prove they are at risk of or have suffered FGM/C. A medical report is required in most cases.

Our publication “**Female genital mutilation in the refugee context**” is a professional guide, that goes into detail on the challenges faced by asylum seekers, who seek asylum on the basis of FGM/C and offers an array of recommendations.

The publication can be ordered from [fgm-c@plan.de](mailto:fgm-c@plan.de) or downloaded in German, English or French under the following link: <https://bit.ly/3FTVDhR>



**Are you or your daughter at risk of FGM/C in your home country?**

Have you or your daughter already undergone FGM/C in your home country? There are specialist lawyers and staff in counselling centres for migrants, who have expertise in the German asylum process. Please seek professional advice before your asylum hearing. If your hearing has already taken place and your application was unsuccessful, please seek professional advice on how you can proceed.

<sup>3</sup>) Council of Europe Convention on preventing and combating violence against women and domestic violence.



## HOW TO REACT IN RISK SITUATIONS

### Are you at risk of FGM/C?

Please call the police on 110 or the Child Welfare Services in your area of residence. Do you suspect that a girl is at risk of FGM/C? Please inform the police and the local child welfare office (Jugendamt) immediately!

In addition, you can seek advice at the Helpline for Violence Against Women (Hilfetelefon Gewalt gegen Frauen). Advice is available round the clock in 18 different languages.

 **HILFE TELEFON**  
+ GEWALT GEGEN FRAUEN

**08000 116 016**



## APPENDIX 1: COUNSELLING CENTRES

This list contains the details of counselling centres that you can contact.

### Baden-Württemberg

Migra Zentrum e.V. Freiburg	» Counselling, support and information about medical, psychological, social and legal issues	Friedhofstr. 33 79106 Freiburg im Breisgau Mobile: 0177-6061417 or 0176-70143770 <a href="mailto:info@migrazentrum-freiburg.de">info@migrazentrum-freiburg.de</a> <a href="http://migrazentrum-freiburg.de">migrazentrum-freiburg.de</a>
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### Bavaria

DONNA MOBILE E.V.	» Counselling and support for those affected and their families » Accompaniment and support during doctors' appointments » Multi-lingual safe space for sharing experiences, mutual support and empowerment » Awareness raising workshops » Trainings for multipliers	Contact person: Faduma Korn Culturally sensitive companion, specialist in FGM/C prevention Tel.: 080-505005 <a href="mailto:faduma.korn@donnamobile.org">faduma.korn@donnamobile.org</a> Landsberger Straße 45 a 80339 Munich <a href="http://www.donnamobile.org/fgm">www.donnamobile.org/fgm</a>
Wüstenrose - Fachstelle Zwangsheirat / FGM, IMMA e.V.	» Counselling and support for those affected and at risk » Accompaniment to gynaecologist's appointments and support during pregnancy » Support for patients during operations	Goethestr. 47 80336 Munich Tel.: 089-4521635-0 <a href="mailto:wuestenrose@imma.de">wuestenrose@imma.de</a> <a href="https://imma.de">https://imma.de</a>

### Berlin

Balance Family Planning Centre. FGM/C Coordination Office	» Medical reports » Mediation » Counselling » Psychosocial and medical care for women and families affected	BALANCE Family Planning Centre Mauritiuskirchstraße 3 10365 Berlin-Lichtenberg Tel.: 030-236236846 <a href="mailto:balance@fpz-berlin.de">balance@fpz-berlin.de</a> <a href="http://www.fpz-berlin.de">www.fpz-berlin.de</a>
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### Brandenburg

United Action e.V.	» Women's group » Consultant and lecturer » Workshops	United Action e.V. C/o Dr. Idah Nabateregga Tuchmacherstraße 49 14482 Potsdam Mobile: 01590-2987071 <a href="mailto:fgm-info@nabateregga.de">fgm-info@nabateregga.de</a>
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### Bremen

Pro Familia – Bremen	» Pregnancy advice » Counselling for professionals	Hollerallee 24 28209 Bremen Tel.: 0421-3406030 <a href="mailto:bremen@profamilia.de">bremen@profamilia.de</a>
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### Hamburg

Lessan e.V.	» Counselling and information » Women's group » Workshops	Lessan e.V. Mexikoring 29, 3rd floor 22297 Hamburg <a href="mailto:info@lessan.eu">info@lessan.eu</a> <a href="https://lessan.eu/">https://lessan.eu/</a>
i.bera - Intercultural Counselling Centre for victims of domestic violence and forced marriage	» Counselling to those affected and at risk	verikom - i.bera Norderreihe 61 22767 Hamburg Tel.: 040-350177226 <a href="http://www.verikom.de">www.verikom.de</a>

### Hessen

FIM – Frauenrecht ist Menschenrecht e.V.	» Multilingual psychosocial counselling for migrants and their families	Varrentrappstr. 55 60486 Frankfurt am Main Tel.: 069-97097970 <a href="mailto:info@fimberatungszentrum.de">info@fimberatungszentrum.de</a> <a href="http://www.fim-frauenrecht.de">www.fim-frauenrecht.de</a>
NALA e.V.	» Counselling and support for those affected and at risk	Auf dem neuen Feld 14 A 63303 Dreieich <a href="mailto:info@nala-fgm.de">info@nala-fgm.de</a> <a href="http://www.nala-fgm.de">www.nala-fgm.de</a>

## Lower Saxony

Baobab-zusammensein e.V.	<ul style="list-style-type: none"> <li>» Multilingual intercultural advice counselling and support</li> <li>» Counselling and support for those affected and at risk</li> <li>» Accompaniment to gynaecologist's appointments and during pregnancy</li> <li>» Support for patients during operations</li> </ul>	Georgswall 3 30159 Hanover Tel.: 0511-71308156 Fax: 05 11-60492234 <a href="mailto:info@baobab.zs.de">info@baobab.zs.de</a> <a href="http://www.baobab-zs.de/stop-fgm">www.baobab-zs.de/stop-fgm</a>
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## North Rhine-Westphalia

Agisra e.V.	<ul style="list-style-type: none"> <li>» Counselling</li> <li>» Raising awareness of (young) women, families and communities</li> <li>» Networking with midwives</li> <li>» Gynaecologists</li> </ul>	Saliering 48 50677 Cologne Tel.: 0221-124019 <a href="mailto:info@agisra.org">info@agisra.org</a> <a href="https://agisra.org/beratung">https://agisra.org/beratung</a>
LOBBY FÜR MÄDCHEN e.V.: YUNA – The project for prevention of female genital mutilation (FGM/C)	<ul style="list-style-type: none"> <li>» Counselling for girls and their families</li> <li>» Information</li> </ul>	LOBBY FÜR MÄDCHEN e.V. Project YUNA Mädchenzentrum II Weidengasse 70-72 50668 Cologne Tel.: 0221-45355651 <a href="mailto:info@lobby-fuer-maedchen.de">info@lobby-fuer-maedchen.de</a> <a href="https://yuna-nrw.de">https://yuna-nrw.de</a>
Stop mutilation e.V.	<ul style="list-style-type: none"> <li>» Counselling and support</li> <li>» Medical consultation with Dr. Zerm.</li> </ul>	Himmelgeister Str. 107a 40225 Düsseldorf Tel.: 0211-93885791 <a href="mailto:j.cumar@stop-mutilation.org">j.cumar@stop-mutilation.org</a> <a href="http://www.stop-mutilation.org">www.stop-mutilation.org</a>

## Saarland

INTACT e.V. – Saarbrücken	<ul style="list-style-type: none"> <li>» Information and Counselling on genital mutilation</li> </ul>	Saargemünder Straße 95 66119 Saarbrücken Tel.: 0681-32400 <a href="mailto:info@intact-ev.de">info@intact-ev.de</a> <a href="http://www.intact-ev.de">www.intact-ev.de</a>
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## Saxony

SAIDA International e.V.	<ul style="list-style-type: none"> <li>» Counselling &amp; Mobile counselling</li> <li>» Medical reports for the authorities</li> <li>» Sexual education for refugees and migrants</li> <li>» Self-help group for those affected by FGM/C</li> <li>» Training for professionals</li> </ul>	Landsberger Straße 7 04157 Leipzig Tel.: 0341-2474669 Mobil: 0159-01667763 <a href="mailto:beratung@saida.de">beratung@saida.de</a> <a href="http://www.saida.de">www.saida.de</a>
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## Schleswig-Holstein

TABU-Centre for health, women, family with a focus on FGM/C	<ul style="list-style-type: none"> <li>» Counselling</li> <li>» Support</li> <li>» Information</li> </ul>	Johannesstr. 45 24143 Kiel Tel.: 0431-26093119 <a href="mailto:tabu@diakonie-altholstein.de">tabu@diakonie-altholstein.de</a> <a href="http://www.diakonie-altholstein.de/de/tabu">www.diakonie-altholstein.de/de/tabu</a>
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# APPENDIX 2: MEDICAL CONTACTS

## Baden-Württemberg

<b>Armbruster, Dr. Ulrike</b> Habsburgerstr. 71   79104 Freiburg-Herdern Tel.: 0761-2851550   Fax: 0761-2851555	<ul style="list-style-type: none"> <li>» Experience with FGM/C</li> </ul>
<b>En-Nosse, Dr. med. Maryam</b> University Hospital of Freiburg/Gynaecology clinic Hugstetter Straße 55   79106 Freiburg Tel.: 0761-27030020   Fax: 0761-27029190 <a href="mailto:frk.fgm@uniklinik-freiburg.de">frk.fgm@uniklinik-freiburg.de</a> <a href="mailto:maryam.en-nosse@uniklinik-freiburg.de">maryam.en-nosse@uniklinik-freiburg.de</a> <a href="http://www.uniklinik-freiburg.de/frauenheilkunde">www.uniklinik-freiburg.de/frauenheilkunde</a>	<ul style="list-style-type: none"> <li>» Centre for Women affected by FGM/C</li> <li>» Counselling and information for affected persons, clinical examination and assessment of type of FGM/C, issuing of medical reports, medical treatment, surgical therapy, counselling in case of pregnancy, legal counselling, interdisciplinary cooperation with support providers</li> <li>» Languages available: English, French, Spanish, Russian, Turkish, Azerbaijani</li> </ul>

**Kapapa, Dr. Melanie**

University Hospital Ulm, Department of General and Visceral Surgery. Paediatric Surgery Section  
Eythstr. 24 | 89075 Ulm (Michelsberg Building)  
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[melanie.kapapa@uniklinik-ulm.de](mailto:melanie.kapapa@uniklinik-ulm.de)

» Experience with FGM/C

**Klarck, Sabina**

Midwifery practice with maternity hospital  
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Tel.: 07222-37222 | Fax: 07222-938943  
[hallo@hebammenpraxis-geburtshaus-rastatt.de](mailto:hallo@hebammenpraxis-geburtshaus-rastatt.de)

» The head of the practice is Ms. Klarck, who has many years of experience in working with affected communities

**Müller, Eva Maria**

Gynaecological practice  
Wilhelmstr. 12 | 79098 Freiburg  
Tel.: 0761-36634 | [Praxis.Eva.Mueller@t-online.de](mailto:Praxis.Eva.Mueller@t-online.de)

» Experience with FGM/C patients

**Thomalla-Sauter, Dr. Beatrix**

Gynaecological practice  
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[thomalla-sauter@t-online.de](mailto:thomalla-sauter@t-online.de)

» Experience with FGM/C patients  
» Language: English, French, Dutch

**Bavaria****Bauer, Dr. Birgitta**

Klinikum Würzburg Mitte GmbH,  
Missioklinik (Clinic for Gynaecology & Obstetrics)  
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» Experience with FGM/C patients

**Kuschel, Prof. Dr. med. Bettina**

Clinic and Polyclinic for Gynaecology (Technical University Munich)  
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[charlotte.vonsaldern@mri.tum.de](mailto:charlotte.vonsaldern@mri.tum.de)  
[stephanie.enge@mri.tum.de](mailto:stephanie.enge@mri.tum.de)

» Counselling and care for pregnant women with health conditions due to female genital mutilation/FGM.  
» The consultation currently takes place every second Wednesday from 1 p.m. to 4 p.m. Appointments required  
» Services: defibulation, birth registrations for affected women

» Also medical reports are also offered in the course of the consultation

**Morath, Dr. med. Susanne**

Practice for plastic and aesthetic surgery  
Nymphenburger Str. 158 80634 München  
Tel.: 089-54343140 | Fax: 089-54343149  
[praxis@morath-schoell.de](mailto:praxis@morath-schoell.de)

» Experience with FGM/C patients and vaginal plastic surgery

**Peschers, Prof. Dr. med. Ursula**

Isar Hospital, Bavarian Pelvic Floor Centre  
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» Experience with FGM/C patients and vaginal plastic surgery

**Tahir, Eiman**

Gynaecology, Obstetrics & Classical Homeopathy  
Attending physician Gynaecological clinic/  
Dr. Geisenhofer  
Sonnenstr. 4 | 80331 Munich  
Tel.: 089-596828

» Experience with FGM/C patients and surgical procedures.  
» Counselling and support for affected women  
» Languages spoken: Arabic, German, English

**Berlin****Graefe, Dr. Flora**

St. Hedwig Hospital (Clinic for Urogynecology)  
Große Hamburger Str. 5-11 | 10115 Berlin  
Tel.: 030-23112107 | Fax: 030-23112728  
[urogynaekologie.sekretariat@alexianer.de](mailto:urogynaekologie.sekretariat@alexianer.de)

» Medical assistance, expert opinions and advice on FGM/C

**Küntschner, Prof. Dr. med. Markus**

Evangelical Elisabeth Clinic, Department of Plastic Surgery and Hand Surgery  
Lützowstraße 26 | 10785 Berlin  
Tel.: 030-2506950 | Fax: 030-250695  
[pc-hc.elisabeth@pgdiakonie.de](mailto:pc-hc.elisabeth@pgdiakonie.de)

» Reconstructive operations for genitalia



**Mangler, Dr. Mandy**

Vivantes Auguste-Viktoria-Klinikum Clinic  
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12157 Berlin  
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» Experience with treatment of  
FGM/C patients

**Waldfriede e.V., Desert Flower Center**

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Tel: 030 81810 8582 | [desertflower@waldfriede.de](mailto:desertflower@waldfriede.de)

**Bremen****Bosselmann, Bettina &  
Schwegler, Dr. med. Christine**

Gynaecological practice, Naturopathy  
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» Experience with FGM/C patients

**Grisar, Vera**

Joint gynaecological practice  
Herwigstr. 8 | 27572 Bremerhaven  
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» Experience with treatment of  
FGM/C patients  
» Languages spoken: English,  
French

**Lüdemann, Dr. Katharina**

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reconstructive and aesthetic surgery  
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» Experience with treatment of  
FGM/C patients  
» Languages spoken: French,  
English, Italian, Spanish

**Porra, Dr. Kerstin**

Children's Hospital Bremen/Special outpatient clinic  
for paediatric and adolescent gynaecology  
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Tel.: 0421-49776313  
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» Specialist in paediatrics and  
adolescent medicine specialising  
in neonatology, paediatrics and  
adolescent gynaecology  
» Head of the child protection group  
» Outpatient and inpatient consul-  
tations/treatment for girls and  
adolescents with questions and  
ailments of the vagina, breast and  
internal genital organs

**von Rotenhan, Dr. Matthias**

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(Gynaecologists)  
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» Experience with FGM/C patients  
(gynaecological examinations)

**Hamburg****Höink, Dr. med. Johanna**

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» Experience with treatment of  
FGM/C patients

**Schwarz, Prof. Dr. Jörg**

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Hospital of the University of Hamburg)  
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» Expertise in plastic-reconstructive  
surgery of the vulva

**Hessen****Becker, Prof. Dr. Sven**

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Gynaecology and Obstetrics (Haus 15, EG)  
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» Experience with FGM/C patients

**Bussen, Prof. Dr. med. Stefanie**

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» Advice for FGM/C patients and  
vaginal plastic surgery

**Müller, Dr. med. Cordula**

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an institution of the of the University Hospital  
Heidelberg, Department Gynaecology  
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- » Experience with FGM/C patients (in obstetrics) and vaginal plastic surgery

**Tiarks-Jungk, Dr. Petra**

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(Official medical service and humanitarian surgery)  
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**Lower Saxony****Piel, Anne-Catrin**

Frauenarztpraxis Piel, specialist in gynaecology  
and obstetrics  
Lange Laube 4 | 30159 Hanover  
Tel.: 0511-1612420

- » Issues medical reports for the BAMF to determine FGM/C
- » Arranges counselling for women as necessary

**North Rhine-Westphalia****Brase, Dr. Corinna**

Lippe Hospital Women's Clinic for  
Gynaecology and Obstetrics  
Röntgenstraße 18 | 32756 Detmold  
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[frauenklinik@klinikum-lippe.de](mailto:frauenklinik@klinikum-lippe.de)  
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- » Experience with FGM/C patients
- » Medical reports for BAMF
- » speaks English

**Breidenbach, Ellen**

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[www.praxis-breidenbach.de](http://www.praxis-breidenbach.de)

- » Experience with FGM/C patients

**Brunotte, Dr. med. Dorit**

Bethanien Hospital Moers - Women's Clinic  
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[frauenklinik@bethanienmoers.de](mailto:frauenklinik@bethanienmoers.de)

- » Gynaecologist and regularly treats women affected by FGM/C – mostly during childbirth
- » Experience with reconstructive surgery of the female genitalia

- » Cooperates with plastic surgeons and a proctologist

**Grotegut-Semik, Elke**

Gynaecology/obstetrics practice  
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[info@frauenarztpraxis-im-salinenpark.de](mailto:info@frauenarztpraxis-im-salinenpark.de)

- » Experience with FGM/C patients and vaginal plastic surgery

**Keller-Hufnagel, Dr. med. Christina**

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[info@gyn-essen.com](mailto:info@gyn-essen.com) | [www.gyn-essen.com](http://www.gyn-essen.com)

- » Experience with FGM/C patients

**Najjari, Dr. med. Laila**

University Women's Clinic for Endocrinology, Reproductive Medicine, Gynaecology and Paediatric Gynaecology  
Pauwelsstr. 30 | 52074 Aachen  
Tel.: 0241-8088971

- » Experience with treatment of FGM/C patients and vaginal plastic surgery operations in collaboration with paediatric urologists and plastic surgeons

**O'Dey, Dr. Dan mon**

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[plastische-chirurgie@kuisenhospital.de](mailto:plastische-chirurgie@kuisenhospital.de)  
[www.luisenhospital.de](http://www.luisenhospital.de)

- » Specialist in the fields of vulvar and breast surgery, reconstruction of the clitoris and vulva
- » Experience with FGM/C patients and vaginal plastic surgery

**Prystupa, Andreas**

Gynaecology and obstetrics practice  
Jubiläumsplatz 15-19 | 40822 Mettmann  
Tel.: 02104-23995

- » Experience with FGM/C patients and vaginal plastic surgery

**Schaarschmidt, Dr. med. Ulrike**

Specialist for plastic and aesthetic surgery  
Leineweberstr. 67 | 45468 Mülheim  
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[www.dr-ulrike-schaarschmidt.de](http://www.dr-ulrike-schaarschmidt.de)

- » Experience with vaginal plastic surgery

<b>Sougoulé, Dr. med. Elke</b> Specialist in gynaecology and obstetrics Höntroper Straße 46   44869 Bochum Tel.: 02327-50202   Fax: 02327-957029 <a href="http://www.frauenaerztin-hoentrop.de">www.frauenaerztin-hoentrop.de</a>	» Experience with treatment of FGM/C patients
<b>Thiele, Christiane</b> Practice for paediatrics and adolescent medicine Höhenstraße 1   41749 Viersen-Süchteln Tel.: 02162-548 470   Fax: 02162-548 472 9 <a href="mailto:info@kinderaerztin-viersen.de">info@kinderaerztin-viersen.de</a>	» Experience with treatment of FGM/C patients, counselling, identification of risk factors and prevention.
<b>van Riesenbeck, Isabelle</b> Health Department/ Social Psychiatric Service District of Mettmann Düsseldorferstraße 26   40822 Mettmann Tel.: 02104-992338 (only available by telephone)	» Psychological psychotherapist for Children & Adolescents » Ms van Riesenbeck specialises in trauma Therapy
<b>van Schewick, Dr. Carolin</b> GFO Kliniken Bonn, St. Marien Robert-Koch-Straße 1   53115 Bonn (Venusberg) Tel.: 0228-5052201 <a href="mailto:gynaekologie@marien-hospital-bonn.de">gynaekologie@marien-hospital-bonn.de</a> <a href="mailto:carolin.vanSchewick@gfo-klinikenbonn.de">carolin.vanSchewick@gfo-klinikenbonn.de</a>	» Specialist for gynaecology and obstetrics. Consultation hours every Thursday 11-13:00 and by appointment. Experience with FG-M/C patients, general consultations, pregnancy consultations, pregnancy care, defibulation. » Consultations in German, English, French, Spanish, Turkish, Arabic » co-coordinated by Dr. Andreas Thomas (specialist in gynaecology and obstetrics).
<b>Zerm, Dr. med. Christoph</b> Gynaecologist Wiesenstr. 14   58452 Witten Tel.: 02330-890704   <a href="mailto:praxis@dr-zerm.de">praxis@dr-zerm.de</a>	» Experience with FGM/C patients

#### Rhineland-Palatinate

<b>Hasenburg, Univ. Prof. Dr. med. Annette</b> Clinic and Polyclinic for Obstetrics and Women's Health at the University Medical Center Mainz Langendeckstraße 1   55131 Mainz Tel.: 06131-177311   Fax: 06131-17-3415 <a href="mailto:annette.hasenburg@unimedizin-mainz.de">annette.hasenburg@unimedizin-mainz.de</a>	» Experience with FGM/C patients and vaginal plastic surgery » Consultations for Patients with FGM/C
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